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1	<b><u>TYPES OF ASTRA PROJECTS:</u></b>	<b><u>ASTRA CLUB THAT REPORTED PROJECT</u></b>	<b><u>BRIEF DESCRIPTION</u></b>	<b><u>TIME OF YEAR</u></b>
2	<b><u>PROJECTS THAT BENEFIT SCHOOLS / STUDENTS</u></b>			
3	Picnic Table Project	Roseburg, OR	provide additional outdoor seating for high school students	
4	Gowns for Gals	Coldwater, MI	provide formal attire for special needs students for school dances	
5	Teen Share Paper Drive	Coldwater, MI		
6	Youth Field Day	Salado, TX	played with youth	
7	Stuff the Bus fundraiser for school supplies	Enterprise, AL	collect supplies for needy students	
8	Plant flowers and bulbs in school garden	Pendleton, OR	prurchased,created and planted garden beds at school entry	
9	Planted trees for shade at high school	Pendleton, OR		
10	clothing drive for students in need	Pendleton, OR	held clothing drive and donated to various schools to be kept onsite; tidied closet monthly	
11	tutored elementary students in math	Pendleton, OR	organized with elementary school to do weekly tutoring of math	
12	created Lunch Buddies program to eat lunch with elementary students	Pendleton, OR	ASTRA members go to local elementary during their lunch break weekly to eat with them	weekly
13	Campus Clean-up	Southwestern College, CA	Set date, time and advertised for students to come and help clean up. Club provided gloves & trash bags.	
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16	<b><u>PROJECTS IMPACTING LITERACY</u></b>			
17	Collect books for Police Care Bags	Anderson, SC	collected books and helped stuff police care bags	
18	collect and distribute books for poor children	San Sebastian, PR		
19	collect books for local library/shelter/preschools	Anderson, SC and others		

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20	volunteer teaching English at English Crossing-free lessons	Spartanburg, SC	volunteer at center that provides free english classes for Hispanics and others	
21	Collect Childen Books at High School Football Game	Pioneer Valley, CA	Free admission to kids and \$1 off adult admission if you bought a book to specific advertised football game. Books given to deserving organizations.	Fall
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24	<b><u>PROJECTS THAT BENEFIT COMMUNITIES</u></b>			
25	Children's Museums- Science Saturdays and other volunteering	Green Bay, WI and others	helped with activities	
26	St. Vincent de Paul Thrift Store "ASTRA Night"	Green Bay, WI	volunteer once/mo during ASTRA night cashiering and helping at thrift store	monthly
27	food drive for local Food Bank	San Sebastian, PR		
28	fundraiser for pediatric cancer patients	San Sebastian, PR		
29	Valentines lunch for the elderly	Meredith, NH		February
30	hold Christmas party at a nursing home	Meredith, NH		December
31	plastic bag collection for homeless, knitted plastic bags into blankets	Council Bluffs, IA		
32	collect personal hygiene products to local Youth Emergency Services house	Council Bluffs, IA		
33	Valentines cards to retirement homes residents	Salado, TX		February
34	Pet food drive for animal shelter	Salado, TX		
35	Food for Families Food Drive	Salado, TX	did it prior to Thansksgiving	November
36	Toy/Activity gift card drive for Domestic Violence Shelter	Coldwater, MI	got donated gift cards to restaurants, movie theaers, pool, local activities for youth	
37	organize Dance for local disabled clients	Troy, OH		
38	Dog wash fundraiser to benefit local animal shelter	Enterprise, AL	raised \$1000 to donate to shelter by washing dogs	
39	collect leftover school unused school lunch food and donated weekly to homeless shelter	Anderson, SC		
40	Adopt-a-Family for Christmas	Pendleton, OR	buy, wrap and deliver Christmas gifts to a needy family identified by school	December

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41	bridge clean-up day	Roseburg, OR		
42	decorate duffle bags for foster kids through Together We Rise program	Spartanburg, SC	decorate blue bags to give to local foster kids for their belongings	
43	nighborhood cleanup			
44	re-paint rooms at local retirement center	Pendleton, OR		
45	collect baby supplies and diapers for local Rellief Nursery	Pendleton, OR		
46	buy groceries and deliver for shut-ins	Pendleton, OR		
47	help with stations at Community Health Fair	Pendleton, OR		
48	help with kids activities at July 4th Community event	Pendleton, OR		
49	serve meal/visit/play cards with residents at retirement centers	Pendleton, OR		
50	Beach Clean-up	Southwestern College, CA	Club members get together on a specified day to walk the beach areas and clean up.	
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53	<b><u>PROJECTS DONE FOR NATIONAL "WHATEVER" DAY</u></b>			
54	NEA - Dr. Seuss Birthday - Read Across America	Southwester College, CA	Club goes to a therapuetic preschool to read and do activities related to books by Dr. Seuss. Sometimes gives each child a book to take home.	2-Mar
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58	<b><u>PROJECTS THAT BENEFIT THE ACTIVE US MILITARY &amp; VETERANS</u></b>			
59	Valentines for Veterans	Anderson, SC	made and delivered valentines cards for vets, thanked them for service, sat and talked	February
60	Journals for Veterans suffering from PTSD	Salado, TX		
61	donate personal hygiene supplies to Veterans Home	Meredith, NH		quarterly
62	mail care packages of personal hygiene supplies and treats to military abroad	Pendleton, OR		October

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63	mail towels and personal hygiene supplies to women soldiers on battleships	Spartanburg, SC		
64	help place flags at local cemetery for Veterans Day	Pendleton, OR		
65	Design and write thank you cards and letters to deployed military.	Lopez H.S., CA	Students make cards and write notes of thanks that are given to a group who sees that they are included in care packages for deployed military.	October to be sent early Nov.
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67	<b><u>PROJECTS THAT BENEFIT VICTIMS OF NATURAL DISASTERS</u></b>			
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71	<b><u>PROJECTS THAT BENEFIT INTERNATIONALLY</u></b>			
72	collected school supplies and sports gear and mailed to East Timor students	Pendleton, OR		
73	Buy and transport blankets to Mexicali Mexico	Southwestern College, CA	Students had a bake sale fundraiser and all money was used to buy blankets to go to needy families.	
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76	<b><u>QUICK PROJECTS THAT CAN BE COMPLETED DURING AN ASTRA MEETING</u></b>			
77	made finger-paint Christmas cards to give to special needs and Veterans groups	Anderson , SC	made Christmas cards during meetings; gave to various groups at various holidays	
78	make tied fleece blankets to donate	Salado, TX	cut fringes and tie to make blankets for needy groups	
79	Make dog chew toys for animal shelter	Lopez H.S., CA	Made dog chew toys by braiding strips of fleece blankets and knotting ends.	
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82	<b><u>PROJECTS THAT CAN BE DONE IN CONJUNCTION WITH THEIR SPONSORING ALTRUSA CLUB</u></b>			

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83	Celebration of Literacy	Roseburg, OR	receive books, watch puppet show, experience cultural traditions	
84	Altrusa Book Room	Roseburg, OR	volunteer to sort and store books for annual local literacy event	
85	Altrusa Golf Outing	Greenbay WI	Altrusa fundraiser; ASTRA oversees one hole, gift baskets and games	
86	Altrusa monthly dinners for community needy	Meredith, NH	Altrusa/ASTRA prepare and serve meals each month to needy families	monthly
87	help at Altrusa Holiday Bazaar	Pendleton, OR		
88	Holiday Families shopping and gift wrapping	Lopez H.S., CA	Family wishes lists are provided to Altrusa Club by Homeless Coalition and ASTRA members help.	December
89	Library Craft Days	Lopez H.S., CA	Altrusa club sets up craft activities at small local library, usually around a holiday and provides all the supplies needed to help children with holiday craft.	Throughtout Year
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91	<b><u>PROJECTS IN CONJUNCTION WITH OTHER ORGANIZATIONS</u></b>			
92	United Way 5K Color Run	Coldwater, MI		fall
93	United way United We Read	Coldwater MI	community members read in school classrooms to 2nd and 3rd graders	March
94	K-Mart Shop for Kids	Roseburg, OR		
95	Red Cross Blood Drive	Troy, OH	helped Red Cross during local blood drives	
96	Suicide Awareness Walk	Spartanburg, SC		
97	sell carnations to raise funds for Big Brothers, Big Sisters program	Spartanburg, SC		
98	Relay for Life cancer fundraiser team	Pendleton, OR		
99	Boys and Girls Club Halloween Fun Day	Lopez H.S., CA	Usually a Friday near Halloween ASTRA members plan and organize a fun day for the after school program with Halloween themed games and activities.	October