

TAMMY FOURNIER FUN & FITNESS FOR ALTRUSA INTERNATIONAL FOUNDATION

Come enjoy fitness and fellowship with your fellow Altrusans while you help the Foundation too! This year we have two opportunities to have a healthy and fun start to our day. The fun run/walk will gather at the registration desk at 6:30 and the chair yoga at 7:00. If you would like to ask friends, family, co-workers, etc., to sponsor you, just fill out the sponsor pledge at the bottom of this sheet.

If you would rather roll over and hit the snooze button, you can still contribute and be with us in spirit!

_____ Yes, I want to participate in the _____ walk/run _____ chair yoga

I will make a pledge of \$_____

_____ I'll be there in spirit, but still snoozing. Here's my pledge of \$25.

Altrusa Club: _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Sponsorship:

The following people agree to sponsor _____ as a participant for the benefit of the Altrusa International Foundation.

Name and Pledge

_____ \$_____

_____ \$_____

_____ \$_____

Make check payable to *Altrusa International Foundation* and mail to Margee. You may also email the registration and pay at the event:

Margee Neer
1266 Early Pond Ln.
Bishop, CA 93514

760-914-3064

1neerhope@gmail.com